



## ALTITUDE AWARDS

Recognising Women Who Make a Difference

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Thank you for taking the time to complete your entry. Please answer each question at your own pace and share your story in a way that feels right for you.

If you would like a step-by-step overview of how the process works, you can view our guide [here](#).

If you have any questions or need assistance at any point, please feel free to contact us at [info@womenwithaltitude.com.au](mailto:info@womenwithaltitude.com.au). We are here to help.

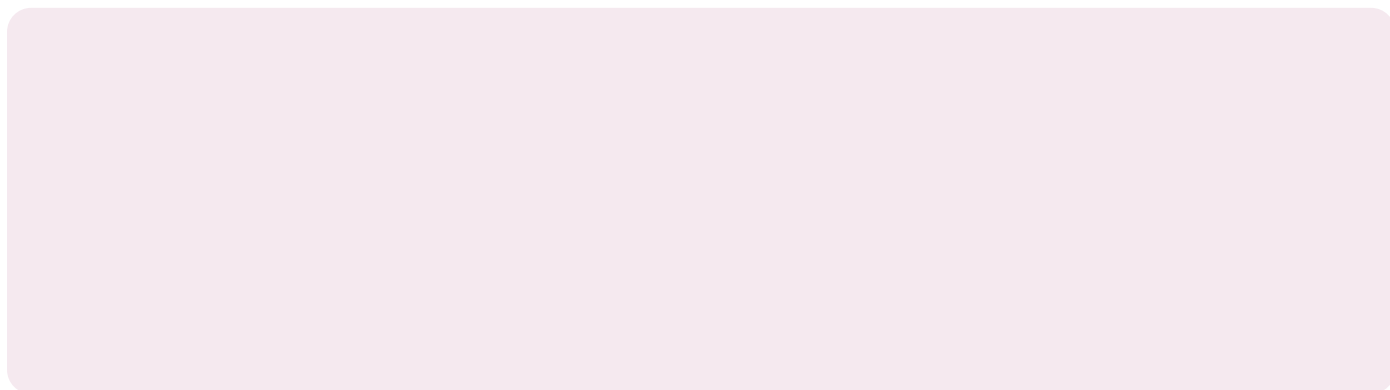
### Wellness Warrior Award

#### Category Questions

1. Can you provide an overview of your business and its mission? (200-250 word count)

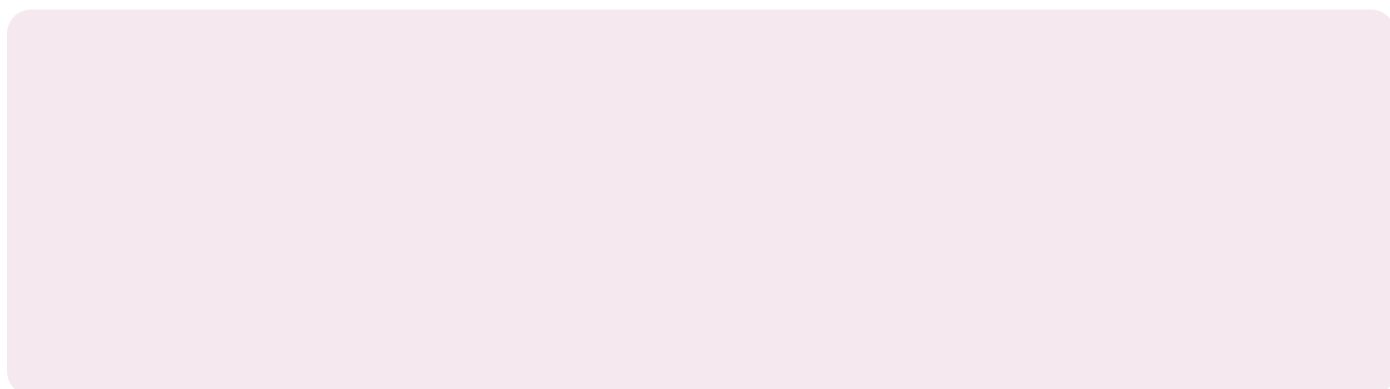
2. What are the primary products or services you offer? (250-300 word count)

**3. Describe your clients or target market and how you reach them. (300-350 word count)**

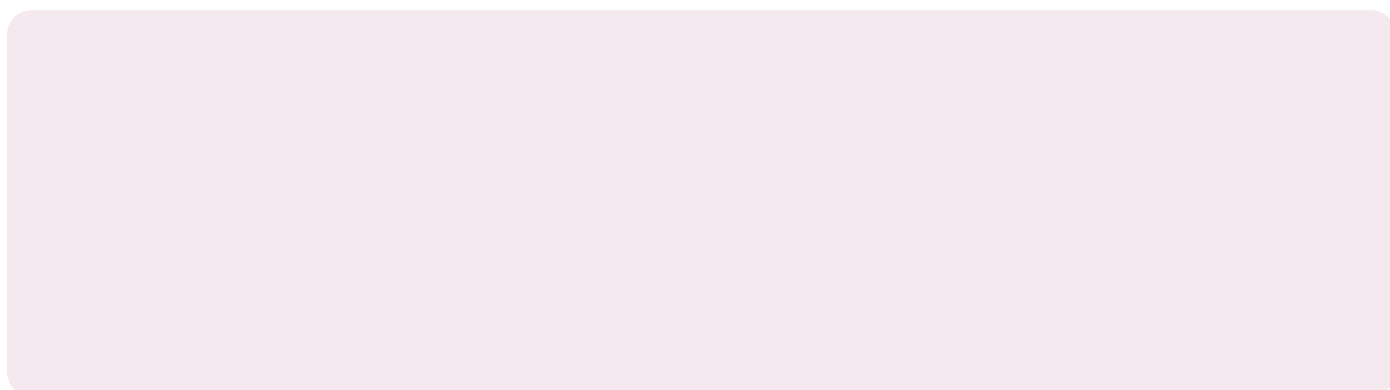


**Questions specific to your category:**

**4. How does your business promote health and well-being? (Max word count 450 words)**



**5. Can you share specific examples of how your products or services have improved the well-being of your clients? (Max word count 450 words)**



**6. What inspired you to focus on wellness, and what are your future plans to continue promoting health and well-being?(Max word count 450 words)**

**Provide a 2-sentence bio about you and your business**

Thank you so much for taking the time to complete your entry. We genuinely appreciate the thought, care, and honesty you have put into sharing your story. It takes courage and reflection to put your journey into words, and we are truly grateful that you have chosen to share it with us.

If you need any help at all or have any questions while completing your entry, please don't hesitate to reach out to us at [info@womenwithaltitude.com.au](mailto:info@womenwithaltitude.com.au). We are more than happy to support you.